



BMT

B'not Mitzvah Together

at TKAE



A Journey of Discovery and Growth



## B'not Mitzvah Together objectives and values

The B'not Mitzvah Together program is a 7-month journey designed for incoming 6th-grade girls. Throughout this period, they delve into the role of women in Judaism while uncovering the beauty of our rituals and traditions through a series of weekly sessions, both onsite and off campus. Every session is dedicated to deepen into one or more Jewish value. The ultimate goal is to prepare these girls to become the Jewish women of tomorrow.

Sessions will be held on Thursday afternoons, starting at 5:00 PM, with some additional sessions on Sundays. An annual calendar will be provided prior to the kickoff event.

Each session is documented, and the girls compile a scrapbook to preserve their memories of this journey.

Our program is led predominantly by our professional staff and clergy, each session is hands-on, occasionally featuring guest professionals from various fields.

The program also includes a trip to New York, where the girls will explore Jewish immigration history of the 1900s in comparison to their family's immigration stories.

### Cost of the program:

\$750: If Also in 6th grade  
Religious School

\$1,500: Temple Members

\$3,000: Non-Members



A non-refundable deposit of \$500  
must be paid by May 31, 2025



# Sample Sessions

**Discover your Inner Light** (candle making, reflection of what each one bring to the world and how we spread light into others)

**The story of my name** (session that carries reflections from their own families to connections made by the rabbi- special craft with names)

**Being grateful** (volunteer at In Jacob's shoes)

**Honoring the Elderly** (visiting seniors at Five Stars Residence to create flower center pieces with and for the seniors)

**Pursuit of Justice- Tzedek Tzedek Tirdoff** (exploring the 8 levels of Tzedakah)

**Visit to the local Mikveh** (exploring the beauty of this ritual , traditions and the role of women in Judaism)

**Father/Daughter Retreat**

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**Baal Tzharei Chaim** (visiting the Humane Society)

**Dignity and Clothing** (visit to the Rak Pak, a Jewish clothing pantry)

**How do you make yourself a name** (special session with a therapist understanding the implications of the use of social media )

**The role of women in Judaism** (special session with the rabbi discovering some incredible women in the Bible we can learn from)

**Glass Mezuzah Making**

**CPR and First Aid training**

**Visit to a Homeless shelter and serving food for Thanksgiving**

**Shabbaton**

**NY trip in March**

**These are only a few of the many programs we host weekly.** The journey will conclude with a ceremony that will be an expression of togetherness, friendship and love for Judaism.



# Participant Testimonials



**"My daughter had a wonderful experience on her bat mitzvah education. Made new friends and learn more about her heritage and the Jewish values that are so needed to grow in our modern world, thank to the Temple Kol Ami Emanu-El team, they are the best."**

**-Joel Aronowicz**

**"My oldest daughter was part of the inaugural program for B'not Mitzvah during Covid, Valeria and this group provided the stability and safety she needed during those uncertain times. Now my youngest is part of the program and she couldn't be happier. Not only they provide the base and reinforcement of their Jewish beliefs and traditions but they create bonds and memories they will cherish forever.**

**Valeria, Julieta, Sharon, Rabbi and Cantor form an amazing team that have a great impact on these girls and shape their Jewish identity. I will forever be proud my girls made part of B'not Mitzvah at Temple Kol Ami."**

**-Claudia Buhbut**

**"I cannot express my gratitude and appreciation enough for the amazing journey my daughter experienced because of the Bnot Mitzvah program. It was the best decision I have made for her. This club instilled so much value and appreciation for her heritage and religion. She made new friends, and every week I see her eagerly anticipating coming and being part of the program. The trips to Georgia and New York with the Bnot Mitzvah girls filled her with great memories that will last a lifetime. Thank you for all the hard work and the fun meetings you put together for this club."**

**-Moran Kadosh**



**לצוות הכי מיוחד ואהוב,  
תודה!! תודה על הנתינה האין סופית לבנות שלנו  
בבנות מצווה זאת היתה תקופה יפה שונה  
ומיוחדת מלאה באהבה נתינה וחוויות לחיים  
למדו על ערכים נתינה וקבלה .  
תודה על צוות מושלם ועל הכל.  
ממליצה לכולם להעביר לבנות שלהן את  
התקופה הזאת כי זה באמת חוויה לחיים.  
תודה! עם ישראל חי!**

**-Shelly Druskin**

**"B'not Mitzvah is truly exceptional program!  
Valeria and Julieta have poured their hearts  
and souls into this program, evident in the  
enriching and profound experience they  
provide for the girls. Our daughter has learned  
so much about herself, our Jewish and Israeli  
heritage, and valuable life lessons through the  
program's wonderful trips, activities, and  
volunteer opportunities. We are incredibly  
grateful for this program and highly  
recommend it to others!"**

**-Neagu Family**

**I wanted to start by expressing my happiness about enrolling my daughter Shylee this year. Last year, my older daughter didn't participate, and she regretted it immensely! The program, the staff, and the loving care of Valeria and Julieta made this experience so special for Shylee. The activities and the places they visited were rich in values and traditions of Jewish culture, which is very important to us. I highly recommend this program to any girl reaching Bat Mitzvah because, no matter how much we parents try to teach them, it won't be the same! The team experience is also crucial as they form a group that shares very special memories together. Overall, it's an amazing program led by an amazing team that we will never forget as a family.**

**-Eroch Family**